

**Self-disclosure Questions/Icebreakers**

**Scripture** – John 6:48-58

**Suggested Prayer**

*Spirit, guide our thoughts and conversation to strengthen our hearts in the gospel, and feed us today on the body and blood of the Lord Jesus Christ.*

**Sermon Take-Away** – If you need/want to review it, Pastor Colin talked about...

1. What Christ Does at the Table
  - a. Christ Invites You
  - b. Christ Speaks to You
  - c. Christ Feeds You
2. 3 Ways to Make Use of the Lord's Table
  - a. Believe in Christ
  - b. Feed on Christ
  - c. Live Through Christ

What was your take-away from this week's sermon?

**Discussion Questions** – Choose as few or as many as you'd like.

1. Pastor Colin urged us to understand that this as the *Lord's* table, where *he* offers something to *us*. What does the Lord offer to us in communion and what is the danger in forgetting that *we* are the guests at this table?
2. The Lord's Table focuses on the body and blood of the Lord because of the importance of Christ's humanity in our salvation. Read Hebrews 2:10-18. Why was Christ's *humanity* of such critical importance for our salvation? Why does it makes sense that the Lord's Table highlight the life giving power of Christ's humanity?
3. According to John 6, faith *feeds* on Christ – faith is not simply the knowledge or confession of certain doctrines, it is being *nourished* by the risen Lord. How might the experience of a person who has bare belief differ from someone who is feeding on Christ?

4. 1 Corinthians 10:17 teaches us that the unity of the church is illustrated in the practice of communion. Since the bread we eat in communion comes from one loaf, so the whole Church is fed and nourished by the same Lord, Jesus Christ. How would a low view of communion affect our view of the church?
  
5. Pastor Colin said that Christians are *simul iustus et peccator* – at once and the same time righteous and a sinner – and that the Lord’s Table is given to us as a promise to reassure us that Christ will nourish us unto eternal life. So why is it that so many Christians do not feel the need to regularly practice communion? Why *should* we practice it regularly?
  
6. Bear Fruit Service Question: How does feeding by faith *on* Christ enable and empower service *to* Christ?

**Suggested Closing Prayer**

*Lord Jesus, thank you for your sacrifice for us and for offering yourself to us in the bread and wine of communion. Give us faith so that we will be nourished daily by your resurrection life and give us power to walk in new life.*