

**Self-disclosure Questions/Icebreakers**

Have you or any of your close friends ever competed in a triathlon? What made you/them so crazy?

**Scripture** – Ephesians 2:1-10

**Suggested Prayer**

*Lord, open our eyes to the wonder of salvation in Christ!*

**Sermon Take-Away** – If you need/want to review it, Pastor Colin talked about...

1. What happened when you became a Christian?
  - i. God gave life to you
  - ii. God imparted power to you
  - iii. God secured heaven for you
  - iv. God showered grace on you
  - v. God saved you
  - vi. God gave faith to you
  - vii. God prepared work for you
2. Conclusion: Three Questions
  - i. Are you savoring the joys of God's love?
  - ii. Do you see the unique glory of Jesus Christ?
  - iii. Have you grasped what it means to be a Christian?

What was your take-away from this week's sermon?

**Discussion Questions** – Choose as few or as many as you'd like.

1. Read Ephesians 2:1-3. In light of this passage, how does describing the human plight as a series of 'mess-ups' and 'mistakes' communicate a shallow view of sin? Why is it so important to avoid a shallow view of sin?
2. Pastor Colin said that, based on Ephesians 2:4, salvation in Christ is a display of God's love. How is this different from saying that God's love is a result of Christ's saving work?
3. Pastor Colin said that being 'made alive' in Christ is like waking up from a deep sleep. How did your life before knowing Christ now appear to you as a dream, a false-reality that you were living in?

4. According to the sermon, what is the significance of Scripture teaching that God “*seated* us with him in the heavenly realms in Christ Jesus” (Eph 2:6). How does this make you feel about God’s posture towards you?
  
5. Review the seven things that God has done for every Christian in saving them (see sermon outline above). We all long for these things that God offers us in Christ (i.e., life, power, heaven, grace, salvation, faith, purpose-filled work). The apostle Paul says in Romans 1:22 that men “exchange the truth about God for a lie.” What false saviors (‘lies’) do we often look to for the all that God offers us uniquely in Christ?
  
6. How could these truths from God’s word bear fruit in your life this week?

**Suggested Closing Prayer**

*Meditate on this verse of the hymn ‘O Great God’ to begin your time of prayer:*

*I was blinded by my sin, had no ears to hear your voice  
Did not know your love within, had no taste for heaven’s joys  
Then your Spirit gave me life, opened up your Word to me  
Thought the Gospel of your Son, gave me endless hope and peace.<sup>1</sup>*

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<sup>1</sup> From *O Great God*, Sovereign Grace Ministries

