

LIFE Group Guide  
Sovereign  
August 11, 2019  
Mark 4:35-41



**Prayer Request:** Thank the Father for his graciousness to us through the work of the Son. Rejoice that Jesus is the Lord over all things, including our church. Pray that we as a church would joyfully follow our King, Jesus Christ, through the power of the Holy Spirit.

**Icebreaker Question(s):** When have you felt most at peace?

**Read Mark 4:35-41:**

<sup>35</sup>On that day, when evening had come, he said to them, “Let us go across to the other side.” <sup>36</sup>And leaving the crowd, they took him with them in the boat, just as he was. And other boats were with him. <sup>37</sup>And a great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling. <sup>38</sup>But he was in the stern, asleep on the cushion. And they woke him and said to him, “Teacher, do you not care that we are perishing?” <sup>39</sup>And he awoke and rebuked the wind and said to the sea, “Peace! Be still!” And the wind ceased, and there was a great calm. <sup>40</sup>He said to them, “Why are you so afraid? Have you still no faith?” <sup>41</sup>And they were filled with great fear and said to one another, “Who then is this, that even the wind and the sea obey him?”

**Sermon Outline:**

**Jesus is the Sovereign Lord**

- i. Over Disasters (Mark 4:34-41)
- ii. Over Demons (Mark 5:1-21)
- iii. Over Disease (Mark 5:21-34)
- iv. Over Death (Mark 5:35-43)

**Three Observations:**

- a. Christ saves because He is the Sovereign Lord.
- b. Our world aches because it rejects the Sovereign Lord (Mark 5:17)
- c. Peace grows as you submit to the Sovereign Lord. (Isaiah 9:7)

**Discussion Questions:**

1. As you heard the word of God preached or read, what did the Holy Spirit remind you of, challenge you with, convict you of, or encourage you in? Did you have any questions or was anything unclear?
2. Read Mark 4:35-41. What qualifies Jesus to be your Savior? Is there anyone else who qualifies?
3. Why is Jesus's status as the Sovereign Lord essential to the gospel?
4. Mark 4:35-Mark 5:43 provide examples of 4 of our greatest enemies. What are they? Which of these enemies are you most concerned about right now? Why?
5. Mark 4:35-Mark 5:43 clearly demonstrate that Jesus is sovereign over even our greatest enemies. How does it feel when you think about Jesus being Lord over these enemies? Why?
6. How has our world responded to Jesus's lordship? What results of this do you see in the world?
7. How have you responded to Jesus's lordship? What results do you see in your life?
8. How have you seen Jesus's reign bring peace in your life? How will Jesus establish final and lasting peace in all things?

**Prayer:** Our Father, we thank you for qualifying us to share in the inheritance of the saints in light through the work of your beloved Son, Jesus Christ, in whom we have redemption, the forgiveness of sins. We give thanks, knowing that the Son is the image of You, the invisible God, that He is the firstborn of all creation. We rejoice that by the Son all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through Him and for Him. We exalt in the truth that the Son is before all things, and in Him all things hold together. We delight in knowing that He is the head of the body, the church. We stand in awe of He who is the beginning, the firstborn from the dead, preeminent in everything. We are so grateful that in Jesus all the fullness of God was pleased to dwell, and that He has reconciled to Himself all things, whether on earth or in heaven, making peace by the blood of His cross, even reconciling we who once were your enemies. We thank you for the lordship of the Son, through whom we have peace. In the name of Jesus Christ, the Sovereign Lord, by the power of the Holy Spirit. *(Adapted from Colossians 1:15-20).*